



## FOR THE TABLE

Toasted Sourdough, Sun-Dried Tomato & Basil Butter 6 (600 kcal)

Nocellara De Belice Olives 5 (163 kcal)

Dressed Maldon Oysters 6 (each)

*Apple dashi, pickled ginger, compressed apple, yoghurt (142 kcal)*

Baron Bigod & Truffle Croquettes 12 (trio) 16 (quartet) (847 kcal)

*Leek emulsion, truffle honey (847 kcal)*

## TO START

Isle of Wight Tomatoes 12.5 (vg)

*Tomato essence, whipped feta, olive crumb, watermelon (532 kcal)*

Tempura Courgette Flower 15 (v)

*Nettle & almond pesto, ricotta, courgette carpaccio, caperberry (167 kcal)*

Torched Cornish Mackerel 14

*Buttermilk, mackerel tartare, alliums (588 kcal)*

Sea Bream Ceviche 14

*Tiger's milk, compressed melon, pickled black radish, green chilli (263 kcal)*

Cornish Scallops 15

*XO Sauce, pickled chillies, sea herbs (417 kcal)*

Beef Tartare 14

*Oyster emulsion, bottarga, Thai prawn crackers (477 kcal)*

## MAINS

Heritage Beetroot Risotto 26 (vg)

*Roasted beets, whipped feta, pickled beets (905 kcal)*

Newquay Fish & Chips 29

*Petit pois espuma, curry-tartare sauce, roe caviar (1390 kcal)*

Pan Roasted Cod Supreme 34

*Haricot bean & chorizo stew, aioli, confit fennel, seaherbs (1270 kcal)*

Spiced Gressingham Duck Breast 34

*Duck leg pastia, duck hearts, heritage carrots, date purée, pomengrante (1333 kcal)*

Welsh Lamb Rump 36

*Slow braised belly, romesco, smoked aubergine, black olive caramel, tempura anchovy (1087 kcal)*

28-Day Aged Herefordshire Sirlon (8oz) 44

*House chips, truffle mayo, peppercorn sauce (1400 kcal)*

35-day Aged Aberdeenshire Wing Rib (1.1kg) 100 (to share)

*House chips, peppercorn sauce, bone marrow watercress (1400 kcal)*

## TIDE TO TABLE SPECIAL

*Daily catch available, ask to see our special fish board*

*All fish served with a fennel & cucumber salad and your choice of chimichurri or pico de gallo*

## ON THE SIDE

Triple Cooked, Chip Shop Style Chips, Nori, Salt & Vinegar Seasoning, Curry Sauce (749 kcal) 7

Tender Stem Broccoli, Cashel Blue Cheese Gratin (314 kcal) 7.5

Charred Leeks, Romesco, Toasted Almonds (305 kcal) 7 (vg)

Buttermilk Dressed Leaves, Avocado, Croutons (280 kcal) 7

Jersey Royals, Garlic Butter, Capers (288 kcal) 7.5

## TO SIP

Garrison Spritz 12.5

*Plymouth Gin, Elderflower, Chambord, Prosecco, Soda*

The Hugo G&T 14

*Plymouth Gin, Elderflower, Fever-Tree Mediterranean Tonic, Thyme*

Amalfi Spritz (Alcohol Free) 8.5

*Lyre's Italian Spritz 0.0%, Fever-Tree Mediterranean Tonic*